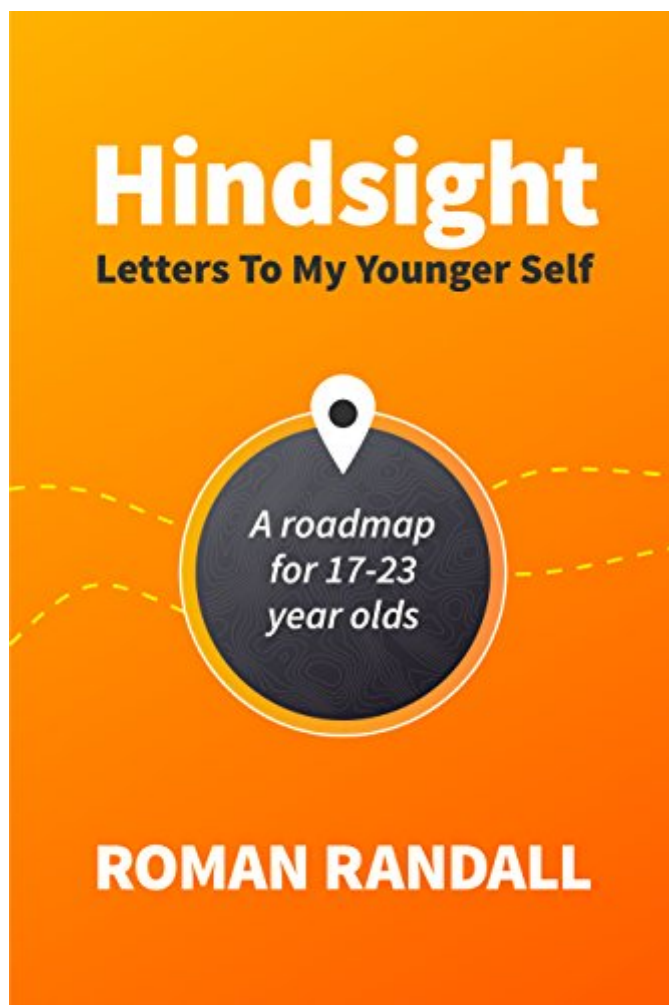


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# Hindsight: Letters To My Younger Self



## Synopsis

Author Jim Rohn once said, “We must all suffer from one of two pains: the pain of discipline or the pain of regret. The difference is discipline weighs ounces while regret weighs tons.” This book is for 17-23 year olds who want to make the most of their life starting now. It contains nine lessons to help young people navigate life, relationships, their career, and faith. This is a book that addresses many questions 17-23-year-olds face, such as, “What should I do with my life?” and “How do I know I’ve met the one I should marry?” Essentially, it is 26-year-old Roman speaking to 17-year-old Roman, sharing stories, lessons learned, and advice for the journey of life. Often, it can be more beneficial to learn from someone who is a few steps in front of you, rather than someone who is miles ahead of you, because the person who is a few steps in front of you has just come out of the stage of life you are currently in; they have a fresh, concrete understanding of what it is like to be where you are. They know the things you need to know during this phase of life and how to make the most of the season of life you’re currently in so that the future seasons of life are a success as well. The person a few miles ahead of you, on the other hand, may suffer from the “curse of knowledge” and not remember what it was like to be where you currently are. I believe the period of a person’s life when they are 17-23 can be some of the most exhilarating, transformative, and defining years of a person’s life. Although lots of people waste their time on video games, TV, beer pong, and getting into trouble, this time can also be the beginning of a grand adventure: knowing the God of the universe, understanding who He created you to be, making the most of your life, and living with no regrets. There’s a lot of stuff I learned during these years that I wish I knew when I was 17-23 years old. There’s a lot of things I did well during those years of my life, but there are also a lot of new ideas I realized on “the other side” when I was 24 and 25 years old. Some of this stuff I wish I knew before I turned 17, but I can’t go back and make changes. But I can pass it on to you. I have worked with teenagers and young adults since I was 16, in my church, youth group, and high school. The questions and topics addressed in this book are questions I’ve had myself, and they are questions that many teenagers and young adults I’ve mentored and talked to have asked me.

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